

SYSTEM F.I.R.S.T.

A publication by and for the Associates of Ephraim McDowell Health

www.emhealth.org • October 22, 2008



Open Enrollment; Benefits Fair

LOCATION	DATE & TIME
Fort Logan Hospital	October 27 7:00 a.m. - 9:00 a.m., 2:00 p.m. - 5:00 p.m. and 6:00 p.m. - 8:00 p.m.
Stanford Medical Park	October 27 10:00 a.m. - 11:00 a.m.
North Garrard FMC	October 27 Noon - 1:00 p.m.
EM Diagnostic Center	October 28 7:00 a.m. - 8:00 a.m.
Danville Family Physicians	October 28 8:00 a.m. - 9:30 a.m.
Liberty FMC	October 28 10:30 a.m. - 11:30 a.m.
A Children's Place	October 28 12:30 p.m. - 2:00 p.m.
Harrodsburg FMC	October 28 3:00 p.m. - 4:00 p.m.
EMRMC	October 29 7:00 a.m. - 9:00 a.m., 1:00 p.m. - 3:00 p.m. and 6:00 p.m. - 8:00 p.m.
Homestead Family Medicine	October 29 10:30 a.m. - 11:30 a.m.
EMRMC	October 30 7:00 a.m. - 9:00 a.m., 1:00 p.m. - 3:00 p.m. and 6:00 p.m. - 8:00 p.m.
Wellness Center, Kids Can Do, Sleep Center	October 30 10:00 a.m. - 11:30 a.m.
McDowell Place of Danville	October 30 4:00 p.m. - 5:30 p.m.

Leadership structure changes

I want to share with you a leadership structure change within EMH. A primary objective of this communication is to honor one of the most dedicated members of our leadership team - Mary Begley. Mary will be leaving EMH the end of this year. For 33 years, Mary has served this organization in a variety of roles from nurse to nurse manager, to education and marketing leadership roles, and for the past three years as our point person for customer satisfaction. She took on each assignment as an opportunity to contribute to the organization and to grow personally. I cannot stress how appreciative I am of her leadership and hard work since my arrival and for the decades preceding. Mary and I explored other roles within EMH that might be of interest to her. In the end, there was not a role she saw as a good fit with her experience and interest. I know you will join me in thanking Mary for her many contributions to EMH and in wishing her well in all future endeavors.

As CEO, my ultimate responsibility is to care for this garden we call EMH. In this role, I have responsibility to oversee planting, cultivating as well as pruning. As the seasons change, I must ensure that we have the right structure in leadership to meet the specific challenges and opportunities at hand. The position of Vice President for Customer Satisfaction is being eliminated as part of my continued efforts to focus on the future. Going forward, we will incorporate most of the aspects of customer satisfaction into a new role of Vice President of Clinical Effectiveness. The VP of CE will also include our performance improvement initiatives, accreditation coordination, administrative support of the EMRMC Quality Council and the Quality Committee of the EMH Board. Additional responsibilities and alignment remain under development. The role of Vice President for Clinical Effectiveness requires skill sets and experiences in clinical effectiveness and performance improvement beyond those of our current team members. We will begin a national search for our CE leader immediately.

Clark Taylor, CEO

Open Enrollment for 2009 benefits runs from October 27 through November 8

Associates will receive Open Enrollment packets this week; please review the material before attending the Benefits Fair and confirming your benefit enrollment. Even if you don't intend to make any changes, it's important to go online to www.benefitstalk.com/emh or call the EMH Benefits Center at (866)446-6150 between 8 a.m. and midnight Monday through Friday and 10 a.m. and 2 p.m. on Saturday during Open Enrollment to confirm your personal information (including dependents and beneficiaries) is accurate. Associates can learn about several benefit enhancements during the Benefits Fair. You will need to designate the amount to put in your account for 2009 if you plan to participate in the Healthcare Flexible Spending Account or Dependent Care Flexible Spending Account. If you have accrued 200 or more hours of PTO and want to receive payment for 40 hours at 100% of your pay, you must designate this during Open Enrollment. **There will be no increase in the health insurance premium for 2009 and no increase in premiums for vision, long term disability, short term disability or life insurance.** There will be a small increase in the dental insurance, but the annual maximum benefit for dental coverage increases from \$1,000 to \$1,500 for the year.

Clark's Comments

It's time to kick off our Heart of Kentucky United Way campaign. On the surface, it may appear this effort is about money, but it really isn't. It's about **community and people helping people**. I am continuously grateful for the compassion I see in EMH Associates as you provide spiritual, financial or emotional support to a fellow Associate in need.



For our United Way campaign, a number of Associates volunteer to lead the campaign, communicate to others and develop various incentives for participants. The effort is not about incentives, and it is only indirectly about money. It is about the more than three dozen organizations that work day in and day out to provide services that, in the most part, we hope we as individuals never need. The United Way partner organizations that provide services range from health and healing, meeting basic needs, strengthening families, fostering independence and nurturing children and youth. Some of the community partner programs supported in part by the Heart of Kentucky United Way are the Rape Crisis Center, Heritage Hospice, Kidney Alliance, Recovery Center (outpatient treatment for drug abuse/dependence), American Red Cross, Habitat for Humanity, Bluegrass Domestic Violence Program, Danville/Boyle County Literacy Council, Big Brothers Big Sisters, Wilderness Trace Child Development Center and the Hope Clinic and Pharmacy.

These partners make it possible for a crime victim to receive comfort and advocacy in the middle of the night; a little girl with special needs to learn how to walk and talk; or shelter, counseling and a fresh start for a family living with domestic violence. I hope you and your family do not need any of the services of the United Way community partners this year, but with the weakness in the economy, more and more people will find themselves in need of these partner programs. What makes *United Way* work . . . what allows us to be a *community* of people who care about other people . . . is that **no one of us is asked to do more than they can, but that everyone do their share**. Prayerfully consider what you can do, not for yourself, but for someone you know or probably don't know, who will come face-to-face with the need of a United Way community partner in 2009. Blessings to you.

Clark Taylor, Chief Executive Officer

Michael Matthews is Wellness Center director

Michael Matthews has been named director of McDowell Wellness Center. He earned his bachelor's degree in physical education in May 1992 from East Carolina University. He studied



sports management at the United States Sports Academy and also served as assistant director of operations of The Sport and Health Club in Myrtle Beach, SC. He has experience in health and wellness, pharmaceutical sales and banking. He lives in Danville with his wife, Paige, and their two daughters: Bailey, 8, and MacKenzie, 4.

Outpatient Pharmacy

The Outpatient Pharmacy at EMRMC is offering Associates the opportunity to participate in the selection of OTC products/sundries that can be made available for purchase. If you have suggestions, please email dmatthews@emrhc.org or call extension 1706 before November 15. There's no guarantee that all products suggested will be offered, but the Outpatient Pharmacy will do their best.



Simply Silver Sale

October 29 and 30
7 a.m. to 7 p.m.
Thoroughbred Room at
EMRMC

Food Drive success

Thanks to all 5T Associates who participated in a food drive in August. The donations were given to the First Baptist Church of Junction City, which is pastored by Dale Denton, chaplain at EMRMC. The food drive was organized by Anita Long, R.N.

EMRMC Auxiliary Luncheon and Quilt Raffle

Friday, November 7
11 a.m. to 1:30 p.m.
Lexington Avenue Baptist Church
\$7.00

Menu is vegetable soup with your choice of country ham, chicken salad or pimento cheese sandwich, chips, homemade cake and drink. Before November 7, call extension 1208 or 1231 to place an order for carryout or delivery. On November 7, please call 516-5848 for carryout or delivery orders. Raffle tickets for the quilt are available in the Volunteer Services office weekdays from 9 a.m. to 4:30 p.m.

Mission and Values

By Tim Noel, Director of Pastoral Care

A group of brave, dedicated Associates are completing their 50-hour training to be Stephen Ministers. I am so proud of them. Now they begin to look forward to helping Ephraim McDowell Associates who are going through crises. It might be the loss of a loved one, the end of a relationship, a financial crisis, a health crisis or anything else that causes pain and grief in our lives. If you or anyone you know is hurting and need someone to listen, you might mention Stephen Ministry to them. Please have them call me at 2416. This ministry is free and confidential. We don't want our Associates to feel alone in difficult times.