

# SYSTEM F.I.R.S.T.

A publication by and for the Associates of Ephraim McDowell Health

www.emhealth.org • August 27, 2008



## Clark's Comments

Like many of you, I enjoyed watching segments of the Olympics. Part of it was because one of my daughters was there cheering on a college teammate in the women's rowing event. Part of it was the pride felt with our athletes on the podium as the National Anthem was played. Part of it was I appreciate how hard our athletes prepared themselves for this level of competition. The training brought sacrifice, but they did it because they wanted to be *the best they can be*. Our athletes' values and mission motivated them to reach deep within themselves to perform at world class levels.



We have another kind of competition going on now, between Barack Obama and John McCain for president. Both candidates speak about the importance of values. Much of what I hear seems like what many of us learned at our mother's knees. The values we want in communities, urban or rural, across America have a lot to do with things like our FIRST values. I am no political scholar, but it seems that if we find values practiced in our homes by each family and in the workplace as well, then the best in America will shine through. I am proud to work alongside so many EMH Associates who live the mission and FIRST values of EMH.

I know how so many of you are engaged in living our mission and reflecting our values in what you do. Perhaps more important in my knowing that is when national organizations point out the quality of what we are accomplishing. Many of you were on the podium for EMRMC being recognized the second year in a row as a Thomson Reuters Top 100 Performance Improvement Leaders hospital. Everyone associated with EMH can feel pride in knowing that what you do is making a difference in the lives of others. Thank you for making a difference.

Clark Taylor, CEO

## EMRMC Chapel, Gift Shop relocating temporarily

As EMRMC gets closer to the date for occupying the South Wing, some changes within the current facility will have to take place. Furnishings in the existing Chapel on 1North will be removed by the end of August in order to refurbish the items to match what will be in the new Chapel. In the interim, a meditation room will be

created on 2N in the room across from Elevator 1. In addition, the Gift Shop will relocate by September 5 to the area currently occupied by the Chapel. The relocation of the Gift Shop is necessary in order to complete the area where the South Wing intersects with the existing lobby and Information Desk.

## Smoking cessation now includes Chantix

EMH has agreed to cover the costs of Chantix as a smoking cessation aid according to these guidelines: 1) Chantix will be provided if all other alternatives have been exhausted; 2) Associate must have a

prescription from their physician for Chantix; and 3) Prescriptions will only be filled through the Outpatient Pharmacy at EMRMC and only through December 31, 2008.

## 'Sale'Gating Parties Friday, August 29

**7 a.m. to 8:30 p.m.  
Thoroughbred Room at  
EMRMC**

(The Gift Shop lobby location will be closed during this special sale).

**9 a.m. to 4 p.m.  
Gift Shop at Fort Logan**

Great specials on all new UK and U of L merchandise, including T-shirts for \$6.00 (2XL shirts are \$8.00).

Draw for a percentage off your purchases and enter for door prize drawings.

## Mission and Values

By Tim Noel, Director of Pastoral Care

In recent weeks I have been slogging through CareLearning, just like you. It has been a surprising experience for me, as there are some things that I know and I've learned some things. I've also been surprised that CareLearning is not that bad, because one or two people have been grumbling recently. But CareLearning is Innovation, isn't it? It is one part of our collective effort to be our best, to be better today than we were yesterday, to provide excellence in service. I know you are busy, but the goal that is set before us is worthy, so I encourage your best efforts.

# 85 DAYS

until we become tobacco-free - Nov. 20, 2008

## Air Evac selling memberships

Air Evac Lifeteam, the emergency medical helicopter service with a base at the airport in Junction City, will be selling memberships at EMRMC as follows:

- September 2, 10 a.m. to 5 p.m.
- September 4, 1 p.m. to 7 p.m.
- September 5, 3 p.m. to 8 p.m.
- September 11, 1 p.m. to 4 p.m.
- September 12, 4 p.m. to 8 p.m.
- September 18, 4 p.m. to 8 p.m.

Individuals who have a membership with Air Evac Lifeteam won't be billed if they get flown by Air Evac Lifeteam while a member.

## Quality and safety concerns at EMRMC

- **If you are a patient** and have a concern about patient safety or the quality of patient care, talk to your nurse manager or director.
- **If you are an Associate or member of the medical staff** and have a concern about patient safety or the quality of patient care, talk to your immediate supervisor, manager and/or director, Risk Management or a vice president.
- **If you are still concerned**, you may contact The Joint Commission by calling 1-800-994-6610; emailing them at [complaint@jointcommission.org](mailto:complaint@jointcommission.org) or contacting their website at [www.jointcommission.org](http://www.jointcommission.org).

## Toys for Kids program at EMH

Thanks to a new program initiated by the Ephraim McDowell Health Care Foundation, children receiving services at EMH's facilities will now receive something that hopefully makes their experience a bit more pleasant. The Foundation, through the Kids Wish Network based in Holiday, FL, has received a significant gift of toys - everything from coloring books to stuffed animals to video games - for distribution to children who receive services through EMH facilities. Coldwell Banker V.I.P. Realty in Danville partnered with the Foundation to make the Toys for Kids Program available by covering transportation costs associated with bringing the toys from Florida. The toys will be available for pediatric patients in the Emergency Department and labs at both EMRMC and Ephraim McDowell Fort Logan Hospital. Children who are admitted to either of the hospitals will also receive a toy. In addition, the toys are being distributed to Ephraim McDowell's family medical centers and outpatient labs, to be given to children when they seek medical services at those facilities.



## Free prostate cancer screenings

The Central Kentucky Cancer Program (CKCP), in partnership with the Ephraim McDowell Health Care Foundation, is offering FREE screenings for prostate cancer at EMRMC. Appointments can be scheduled by calling extension 1600. The schedule is as follows:

- **September 15, Noon to 2 p.m.**
- **September 16, 9 a.m. to 11 a.m.**
- **September 17, 9 a.m. to 11 a.m.**
- **September 18, 1 p.m. to 3 p.m.**
- **September 19, 9 a.m. to 11 a.m.**

## Triathlon is September 27

McDowell Wellness Center's Help Make a Difference Triathlon is Saturday, September 27, beginning at 8 a.m. The event consists of a bike, 5K run and swim. Registration information is available at the Wellness Center or at [www.emhealth.org](http://www.emhealth.org).

## Yard Sale at McDowell Place

**Friday, September 5**

**9 a.m. to 3 p.m.**

**McDowell Place of Danville parking lot**

All money collected for items sold will be donated to the Alzheimer's Association Memory Walk. Items not sold will be donated to Goodwill.

## Teen Volunteer Program concludes

The Teen Volunteer Program sponsored by the EMRMC Auxiliary concluded August 8 with a pizza party for participants. This year, 44 students volunteered 1,767.5 hours through the program. We thank them for their support towards EMH programs and services.

## Community Sign Language Classes

**Beginning ASL I-A, I-B and II-A**

**September 22 through November 17**

**(meeting each Monday)**

**6:30 p.m. to 8:30 p.m.**

**Cost: \$40.00 per person**

**Kentucky School for the Deaf, Kerr Hall**

Classes subject to cancellation pending a minimum of 15 students per class.

**Pre-registration required by September 1.**

To register, call Ina Faye Price at (859)936-6768 or email her at [inafaye.price@ksd.kyschools.us](mailto:inafaye.price@ksd.kyschools.us).