

Marc Dupont: Well, my name is Marc Dupont. I'm a physical therapist. I've been with Ephraim McDowell for the last 15 years. I worked for home health for the last 15 years. The first 10 years, I worked as a contractor for the home health agencies. And about five, six years ago, Ephraim bought the home health division, and I've been a full-time employee ever since. My specialty is in geriatrics and home health.

The kind of patients that we see in home health varies widely. Most of the patients that we see have orthopedic conditions, broken bones, and knee replacement, hip replacements. We see our fair share of neurological patients, stroke patients, Parkinson's patients. But we also see quite a few patients that are deconditioned after a hospital stay, after surgery. And then also we see quite a few oncology patients that we are trying to bring back to the highest level of function possible.

When the patient returns from the hospital, it really starts with the discharge planning in the hospital. They determine the level of care that the patient is going to need. If the patient is able to return home, but they are not able to function independently or at their previous functional level, the doctor will recommend home health physical therapy to return the patient to their independent functional level.

The services that we provide for home health are skilled nursing, physical therapy, occupational therapy, speech-language pathology, and social work.

The favorite thing about being a physical therapist for Ephraim McDowell and for home health is the flexibility that we have to see our patients, the amount of time that we can spend with our patients, and the ability to work together with other disciplines in the home environment.